

THURSDAY, NOVEMBER 22, 2007

Move Your Feet Before You Eat!



Presented by
Fitness Together
North County

Start A New Tradition Thanksgiving Morning and
"Move Your Feet Before You Eat" at the
O'side Turkey Trot!

Raise money for your Oceanside School!

Featuring:

- **Pier-to-Pier Kids' Race -**
for kids 12 years and under
- **Locals Only 5K**
- **Open 5K Run/Walk**

Make sure you designate, below, the Oceanside school you would like to support. **With each designated registration, a \$5 donation will be made to that school.**

The fun includes a costume contest - Dress up as your as your best-dressed Pilgrims, Indians, Turkeys, Eating Utensils, or whatever your imagination can think up and win special Thanksgiving prizes! Oceanside residents will receive special age division awards.

EVENT INFORMATION (760) 434-5255 or Register online @ www.osideturkeytrot.com

ENTRY FORM

Mail completed entry form and fee to: O'side Turkey Trot, Official Use Only
c/o Kinane Events, 800 Grand Ave., Suite C-10, Carlsbad, CA 92008
(Please print - OK TO PHOTOCOPY)

Name (first) (last)

Sex M F Age Race Day Birthdate

Address

City State Zip

Phone Tshirt YM S M L XL XXL

Email (mandatory for race confirmation)

WAIVER

In consideration of this entry acceptance, I, my heirs, executors and administrators hereby waive any and all rights of claim for damages I may have against the City of Oceanside, County of San Diego, Oceanside Unified School District, Kathy Kinane and Kinane Events Inc., Fitness Together, and all co-sponsors, or any individual associated with the above for any and all injuries sustained by me in this event. I will additionally permit the use of my name and pictures in broadcast, telecasts, newspapers, brochures, etc. I also understand that the entry fee is non-refundable and non-transferable. I further attest and verify that I am physically fit and have sufficiently trained for competition and my physical condition has been verified by a licensed medical doctor. THIS WAIVER MUST BE SIGNED BY EACH PARTICIPANT REGISTERED.

Signature of athlete (Parent or guardian if under 18 years)

Date

FEES: (includes event T-shirt):

- | | | |
|---|----------|----------|
| <input type="checkbox"/> 5K Run/Walk (by 11/15/07) | \$ 25.00 | \$ _____ |
| <input type="checkbox"/> 11/18/07 - 11/21/07 | \$ 28.00 | \$ _____ |
| <input type="checkbox"/> Race Day | \$ 30.00 | \$ _____ |
| <input type="checkbox"/> 5K Jr. Entry 17 & Under (by 11/21/07) | \$ 17.00 | \$ _____ |
| <input type="checkbox"/> Race Day | \$ 22.00 | \$ _____ |
| <input type="checkbox"/> Senior (60+) & Active Military (by 11/21/07) | \$ 22.00 | \$ _____ |
| <input type="checkbox"/> Race Day | \$ 27.00 | \$ _____ |
| <input type="checkbox"/> Pier to Pier Kids Races 12 & Under | \$ 15.00 | \$ _____ |
| <input type="checkbox"/> Race Day | \$ 17.00 | \$ _____ |
| <input type="checkbox"/> XXL T-shirts, please add | \$ 2.00 | \$ _____ |
| <input type="checkbox"/> 8-Week Training Program | \$ 49.00 | \$ _____ |

SPECIFY OCEANSIDE SCHOOL OF CHOICE:

TOTAL ENCLOSED \$ _____

MAKE CHECK PAYABLE TO:
O'side Turkey Trot

CHECK ONE

- ☐ 5K Local's Only
☐ 5K Run/Walk Open
☐ Kids' Run

5K Run/Walk DIVISIONS

- | Men | Women |
|-------------------------------------|--------------------------|
| <input type="checkbox"/> 12 & under | <input type="checkbox"/> |
| <input type="checkbox"/> 13 - 17 | <input type="checkbox"/> |
| <input type="checkbox"/> 18 - 24 | <input type="checkbox"/> |
| <input type="checkbox"/> 25 - 29 | <input type="checkbox"/> |
| <input type="checkbox"/> 30 - 34 | <input type="checkbox"/> |
| <input type="checkbox"/> 35 - 39 | <input type="checkbox"/> |
| <input type="checkbox"/> 40 - 44 | <input type="checkbox"/> |
| <input type="checkbox"/> 45 - 49 | <input type="checkbox"/> |
| <input type="checkbox"/> 50 - 54 | <input type="checkbox"/> |
| <input type="checkbox"/> 55 - 59 | <input type="checkbox"/> |
| <input type="checkbox"/> 60 - 64 | <input type="checkbox"/> |
| <input type="checkbox"/> 65 - 69 | <input type="checkbox"/> |
| <input type="checkbox"/> 70 - 74 | <input type="checkbox"/> |
| <input type="checkbox"/> 75 - 79 | <input type="checkbox"/> |
| <input type="checkbox"/> 80 + | <input type="checkbox"/> |